



# Chader Trek

**It's An Adventure**





## About



## Route Map

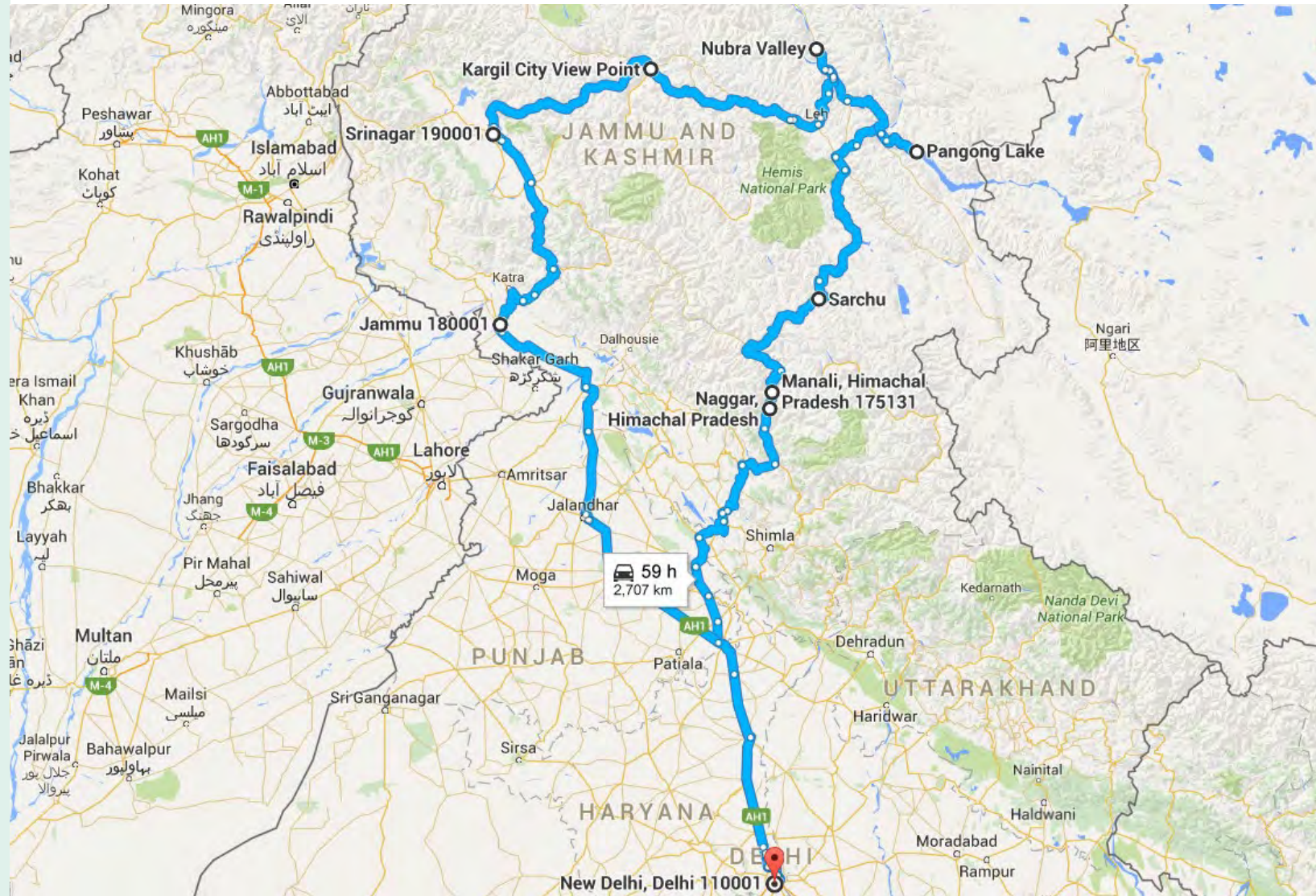
We are not your average tour operator. We operate a service, a cut above our competitors. Our intention is not just to give you a trek or a tour - but something more to remember us by. What is important is the number of satisfied friends who will come back to explore with us again and again.

I Am Adventure, in operation since 2006, started humbly and has gone from strength to strength to become one of the most formidable experience providers for its clients. Our philosophy is based on one of SUSTAINABILITY, the long-term assurance that whatever activity we conduct in any natural area must contribute to the conservation and to the well-being of the inhabitants of that area, thus ensuring that future generations will be able to visit those same areas and enjoy the same experience as did their parents before them.

Our expansion has been gradual and careful. Over the years we have earned an enviable reputation for offering unbeatable value for money. This does not mean that we provide an inferior product, in fact, quite the contrary. Our packages are renowned for including far more than others offer, and our vast infrastructure of owned 4X4 SUV's, Royal Enfield/Bullet bikes, adventure equipment and other resources mean that clients are able to enjoy the best of India without added expense.

I Am Adventure offers a wide range of focused group holidays, private tours and special tailor-made itineraries. You can choose from a wide selection of tours including family adventures, cultural holidays, wildlife safaris, trekking expeditions, rafting trips and combination trips. If you can't find a tour that suits you, then please let us know and we'll be happy to create an itinerary especially for you. Having said all this, all that remains now is you, the client. We target adventure-minded people between 15 to 55 years of age, who, through their own active participation in the tours, get maximum enjoyment. Our clients come from all walks of life, and from all corners of the globe, who have consciously chosen to spend time with us.

## CHADER TREK





# CHADER TREK

## Overview

Walking on Frozen river of Zaskar is an ultimate experience for adventure lover. The traditional name of the trek is "Chadar trek" the frozen sheet, which was only way in and out for the people of Zaskar in winters when all other ways are closed due to heavy snow fall at high passes.

This is a trek into some of the most isolated yet inhabited regions in the Zaskar mountains, most notably the village of Lingshed. Trekking on ice, the frozen Zaskar River, on an average five to seven hours daily at an easy pace but a reasonable degree of physical fitness is needed to sustain walking for nine days during winter conditions.

The trek commences from the village of Chiling located not far from the confluence of Indus and the Zaskar River. The trek follows the river gorge through a spectacular landscape, a photographer's paradise, offering occasional sighting of wildlife. Although pleasant on clear, sunny days, the weather conditions can change abruptly, with wind temperatures known to plummet minus 20 to 30 degrees Celsius. Chiling and Lingshed are the only sizeable villages on this trek, all the rest are names of places and caves along the route.

### Tour Route

Leh-Chilling-Nyarakpulu-Chilling-Leh

### Tour Program

Region: Nyarakpulu Best Period to trek: Mid January to End of February. Maximum Altitude: 3400m Minimum Temperature: -40 degrees Trekking days: 04 days Age group: above 20 to 50 years Transportation: By Jeep from Leh to Chilling and from Chilling to Leh. Trek Grade: Simple walks on Ice sheet (frozen River) every day for 4 to 7 hours and strictly depends on weather conditions. Grading: A reasonable degree of physical fitness is needed for this trek. Special interest: Excellent view for photographers, ideal place for nature lovers and best spot for adventure lovers.



## 01 Day

Delhi – Leh

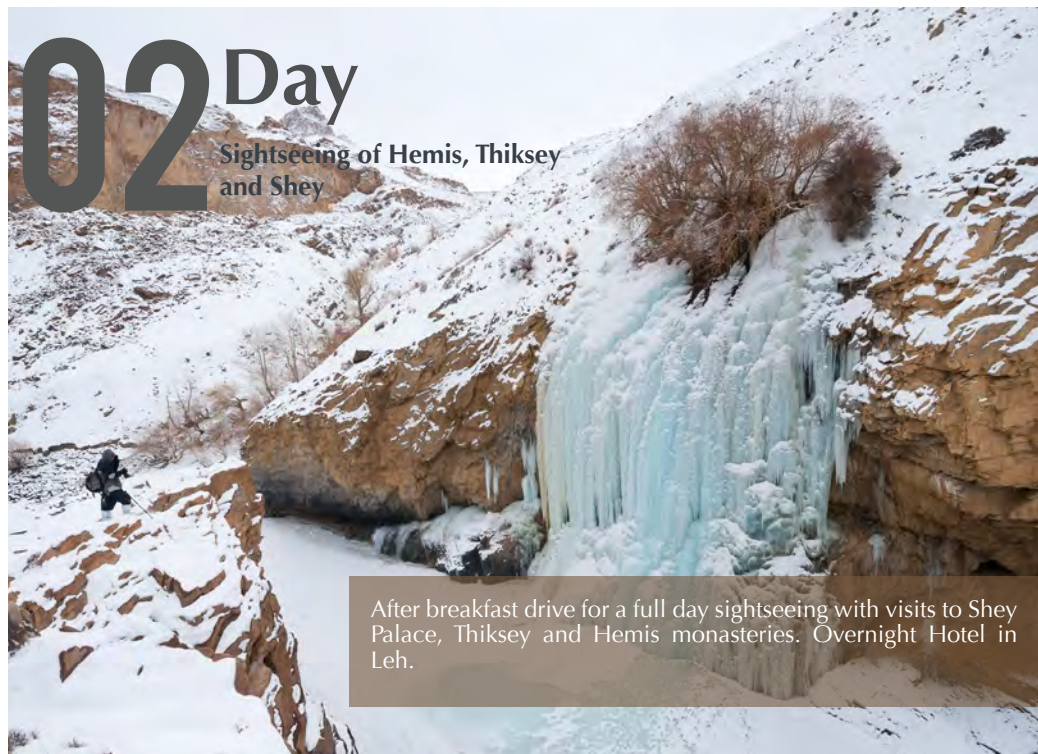
## Itinerary

Arrive at Leh airport, to be received by our representative & transferred to the hotel. Take a full day rest at the hotel as you need to acclimatize well. Overnight Hotel in Leh.

## 02 Day

Sightseeing of Hemis, Thiksey and Shey

After breakfast drive for a full day sightseeing with visits to Shey Palace, Thiksey and Hemis monasteries. Overnight Hotel in Leh.





# 03 Day

Leh to Chiling/Tilatdo to Shingra-gongma (3200m) 5 hrs drive (Taxi/Bus)

After breakfast drive towards Nimoo where the confluence of river Zanskar & Indus is, from there take left & drive along the Zanskar River till you reach Sumdado. At Chiling after Lunch visit the White Copper artists famous for their handmade works. After that walking towards Tilatdo (0.5hr) from where the Trek will start till you reach Shingra-gongma(5 hrs). Stay overnight in the tent.

# 05 Day

Deepyokma to Nyarakpulu (3400m) 5-6 hrs

Start the trek to Deepyokma, after 4-5 hrs reach Nyarakpulu. Camp at irrigation field. Another 1hr walk up along with a small stream you will reach a beautiful village called Nyarak. From here Singee-La will be visible, which is a summer trek pass. Overnight camp.

# 04 Day

Trek Shingra-gongma to Deepyokma (3300m) 5 hrs

After breakfast start the 4hrs trek to Deepyokma where you will see no. of caves, Tsomo Paldar, naturally flowing spring water. Overnight camp.

# 06 Day

Nyarakpulu to Deepyokma (3300m) 5 hrs

Taking the same route back from Nyarakpulu to Tsomopaldar. Overnight camp.



# 07 Day

Trek Deepyokma / Tilatdo/  
Chilling/Leh (3200m) (6 hrs trek &  
2 hrs drive)

Trek back from Tsomopaldar to Shingra gongma, Tilatdo & then to chilling. Reach chilling and drive back to Leh. Overnight Guest House in Leh.

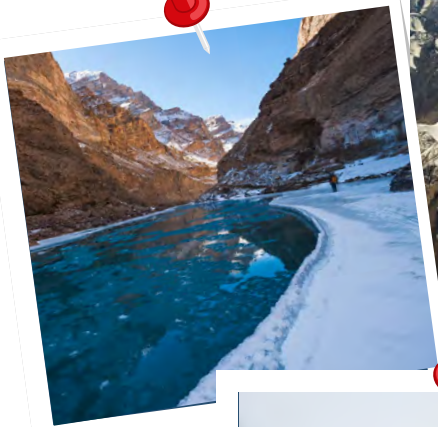
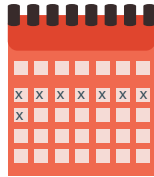
# 08 Day

Leh to Delhi

In the morning transfer to the airport from where you will board the flight to Delhi.



*Fly out to home cities with happy memories!!!*



## What we provide:-



- All accommodation for 7 nights {from DAY 01 at LEH till DAY 8 at Delhi} (twin/ triple sharing basis) in comfortable hotels/ guest houses or camps in scenic & off beat destinations
- Breakfast & Dinner at gourmet eating joints on the way
- Chai/ Coffee & cookies twice a day (11am & 5pm)
- Inner Line Permits and Wildlife fees for restricted areas for Indian Nationals
- Basic First Aid Kit & medicines
- Services of certified & experienced guides/ instructors for high altitude trekking/ biking/ jeep safaris in the Himalayas
- Services of **Wilderness Medicine Institute** Certified guides/ instructors from NOLS,USA <http://www.nols.edu/wmi>
- A SUV to carry luggage (1 bag per person)

## Exclusions:-



- Any Air/ bus/ taxi/ jeep fare
- Service Tax @ 4.5% (At actuals)
- Lunch; we eat at dhabas along the road & pay directly there & then
- Expenses of personal nature like laundry, internet, wifi, telephone/ fax calls, bed tea, mineral water, aerated/ alcoholic beverages, juices, entrance and camera fee at monuments/ museums, medical expenses, gratuities etc.
- Any kind of insurance, such as accident, theft, medical, evacuation etc.
- Any item, activity or facility other than clearly mentioned within the inclusions & itinerary above
- Cost of petrol & spare parts of any kind
- Cost of bike transportation to the next big city/ station, incase of a serious breakdown & or an accident
- Traffic fines, vehicle servicing & or maintenance etc.
- The cost of motorbike rental (if applicable)
- Any entry fees, any tips, porter/ pony charges or any other expenses incurred by the participants during the sightseeing, rafting, paragliding trips, other than as clearly mentioned within the inclusions and itinerary Any extra costs incurred due to extension/ change of the itinerary due to natural calamities, road blocks, vehicle breakdown etc. factors beyond our control
- Additional accommodation & or food charges due to unforeseen delays in the journey

## Terms & Conditions:-



- 100% Payment in advance.
- The program schedule, route, or mode of transport might be changed due to unforeseen circumstances or for the safety of the group.
- In case any participant falls sick during the tour, the expenses for medical treatment, travel & porter charges etc. will be borne by the concerned individual.
- During the tour, the decision of the Program Director and/ or the Field director will be final and binding.
- I AM ADVENTURE shall not be held responsible for any accident, illness and loss of valuables or such other unforeseen events during the tour

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CHADER TREK

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Time to  
TRAVEL

enjoy

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